

Personal Protective Equipment Putting it On in 5 Easy Steps

- 1 HANDS**
- clean your hands with hand sanitizer or soap and water

- 2 GOWN**
- first tie at top
 - next tie at waist
 - ensure opening is in back and that it covers your skin and clothes



- 3 MASK**
- put on a procedure or surgical mask
 - mould the metal piece to fit your nose



ALTERNATE:
N95 Respirator if indicated



A Fit Check Must be performed with each use

- 4 EYE PROTECTION**
- put on eye protection



ALTERNATE:
Combo mask/eye shield



- 5 GLOVES**
- pull on gloves & ensure they cover cuffs of gown



Personal Protective Equipment Taking it Off in 6 Easy Steps

*Remove ALL PPE, with exception of N95, before leaving patient room

- 1 GLOVES**
- remove glove to glove, skin to skin
 - place gloves in garbage



- 2 GOWN**
- untie neck, then waist
 - hook fingers under opposite cuff; pull over hand
 - use gown-covered hand to pull gown over other hand
 - pull gown off without touching outside of gown
 - roll up inside out
 - place in laundry hamper or garbage as appropriate



- 3 HANDS**
- clean your hands with hand sanitizer or soap and water

- 4 EYE PROTECTION**
- remove eye protection by handles and place in reprocessing bin or garbage



- 5 MASK/ N95 RESPIRATOR**
- remove using loops or ties; do not touch mask.
 - N95 should be removed outside of the room after the door has been closed. Place in garbage



- 6 HANDS**
- Clean your hands immediately after removal of PPE or anytime you suspect your hands are contaminated during PPE removal